



Bland Diet

- Boiled hamburger (boiled chicken for cats). Skim off the grease. Mix one part of this with 2-3 parts rice.
- Cottage cheese
- Plain yogurt
- Bouillon cube broth
- Plain jello
- Scrambled egg
- Pasta with no sauce
- Boiled potatoes
- All Sport
- Gatorade
- Pedialyte
- Jello water
- Hills i/d canned and dry food for dogs and cats
- Eukanuba Low Residue canned and dry food for dogs and cats

Usual Instructions:

Give nothing by mouth (food or water) for 12 hours. Then only give small amounts of water or ice cubes. If your pet does not vomit, you may offer a small amount of food.

Feed small amounts frequently (e.g. ½ cup for 100 pound dog.)

Feed half of normal volume per day.

Keep them hungry.